

# NAMS

## News



### Was Your Last Medical Meeting a Confusing Loss of Time?

Remember that last meeting? Did you feel like a member of an ant colony, scurrying around from place to place and wondering where to go, whether you'd be on time, and if you'd get lost en route? And, most important, did you wonder if you'd hear anything that you'd be able to put to use in your practice?

Experience the best! Come to the NAMS meeting where the venue is one convenient hotel, all the sessions are in one convenient room, and you really get to hear and mix with the world's leaders in the menopause field who offer not only the latest research but also clinically relevant recommendations that you can use every day back home.

Be sure to attend the 18th NAMS Annual Meeting, convening October 3-6, 2007, at the Gaylord Texan Hotel in Dallas, Texas.

"In respect for the Dallas venue, the Scientific Program Committee has set the theme of this year's meeting as *Menopause: A New*

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*Frontier*," explained Victor W. Henderson, MD, MS, Committee Chair. "Topics on the program will incorporate new frontiers of practice and science. Stay tuned for additional details on the meeting."

Registration materials will be available in June. For more, go to [www.menopause.org/meetings](http://www.menopause.org/meetings).

### Scientific Abstract Submissions Deadline Nears

Did you miss the initial abstract deadline of April 30, 2007? Not to worry. NAMS offers an opportunity to submit "late-breaking" scientific abstracts until July 31, 2007. Although these abstracts can't be considered for oral presentation, those that are accepted will be published in the *Program* and in the NAMS official journal, *Menopause*. A handy online submission process is available at [www.menopause.org/meetings/abstracts.htm](http://www.menopause.org/meetings/abstracts.htm).

### Bioidentical Hormones Explained

Are your patients asking for so-called "bioidentical" hormones (typically meaning custom-compounded hormones) for their menopause symptoms? NAMS has provided comprehensive information for patients as well as providers, including a Postgraduate Course offered in October 2006. The proceedings of this course are now available as a CME activity in print and online. Go to the NAMS Web site ([www.menopause.org/bioidentical.htm](http://www.menopause.org/bioidentical.htm)).

### Why the NAMS Menopause Practitioner Credential?

A few years ago, women were increasingly contacting NAMS for assistance in locating a healthcare provider who offered competent menopause-related health

care,” explained Wulf H. Utian, MD, PhD, NAMS Executive Director. “NAMS would provide them with a referral list of Society members, but with the caveat that NAMS cannot attest to their knowledge in the field. But soon the NAMS Board of Trustees made a decision to identify the core competencies of a menopause-related healthcare provider and to create an examination to test these competencies. Through this program, the Society can highlight on the referral list those who passed the examination.”

On April 27, the NAMS competency examination was offered in Durban, South Africa, and a few weeks later (May 12), candidates in 13 locations in the United States and Canada took the exam. Almost 700 licensed healthcare providers are now credentialed as NAMS Menopause Practitioners. “This program has been successful far beyond our wildest dreams,” said Dr. Utian.

Join this prestigious group—demonstrate *your* competence in the field this year by sitting the 100-item examination. It will be offered next on October 3 in Dallas, just before the Annual Meeting convenes. For more, go to the NAMS Web site ([www.menopause.org/compexam.htm](http://www.menopause.org/compexam.htm)).

## Patient Counseling Guidebooks

Called “a staple of my practice” by a California physician, the NAMS *Menopause Guidebook* offers 64 pages of comprehensive patient information to reinforce your office counseling. And for women reaching menopause prematurely, the 72-page *Early Menopause Guidebook* provides supportive information that’s available nowhere else. Pricing is amazingly low and affordable for all practices. For more, go to [www.menopause.org/edumaterials/guidebook/](http://www.menopause.org/edumaterials/guidebook/).

## Future NAMS Meetings

### 18th NAMS Annual Meeting

October 3–6, 2007  
Dallas, TX

### 19th NAMS Annual Meeting

September 24–27, 2008  
Orlando, FL

### 20th NAMS Annual Meeting

September 30–October 3, 2009  
San Diego, CA

### 21st NAMS Annual Meeting

October 6–9, 2010  
Chicago, IL

### 22nd NAMS Annual Meeting

September 21–24, 2011  
Washington, DC

## NAMS Commitment to Diversity

“The Board of Trustees would like to remind all readers of *Menopause Management* of its commitment to include individuals from diverse backgrounds,” commented NAMS President Marilyn L. Rothert, PhD, RN. “Ethnic and cultural diversity are but two of the Society’s diversity goals for the membership, the Board, committees, and faculty at the Annual Meetings. We are also dedicated to providing educational materials that address the needs of diverse patient populations. Recently, a Diversity Task Force was established by the Board. Those of you who would like to make recommendations to assist the Society in reaching these goals are encouraged to contact this Task Force through the NAMS Central Office at [info@menopause.org](mailto:info@menopause.org).”