

NAMS News



2006 Annual Meeting Update October 11-14, Nashville, TN

If you haven't attended a NAMS Annual Meeting for a while, you could really be out-of-date," said James A. Simon, MD, Chair of the 2006 Scientific Program Committee and former NAMS President. "Over the past 4 years, the number of published research studies relating to menopause has been impressive. There have been more than 120 publications just from the WHI, and more than 50 of those on hormone therapy. It's difficult, if not impossible, for busy practitioners to keep up with what's current, and even if they are current, often the research findings are not consistent, creating some confusion as to how to translate the science into practice."

That's why this year's meeting theme is "Menopause: Evidence & Practice." The 2006 Scientific Program Committee strongly believed that the attendees at this year's Annual Meeting deserved educational sessions that go

beyond presenting the current science, and address the ways in which this evidence can be applied to daily clinical practice. Certain sessions will incorporate an audience response mechanism, adding to the learning experience.

"Don't miss this year's meeting," said Dr. Simon. "It's full of exciting speakers discussing thought-provoking topics you deal with on a daily basis. And come early to attend the postgraduate course the morning of October 11. The postgraduate course focuses on the often controversial subject of bioidentical hormones and hormone testing. It is certain to enroll early and will be interesting, if not essential, for practice. The Preliminary Program & Registration Materials will be available soon."

A few miles from downtown and only 10 minutes from Nashville International Airport is our spectacular meeting venue—the Gaylord Opryland Hotel. This large complex offers unrivaled facilities, including the finest sleeping rooms (many facing the garden atrium), exceptional meeting rooms, an ample exhibit area, a choice of 13 food and beverage outlets, a world-class spa and fitness center, a championship golf course, 19 specialty shops, live entertainment nightly, and 9 acres of lush gardens and cascading waterfalls, complete with a winding indoor

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Future NAMS Meetings

17th NAMS Annual Meeting

October 11–14, 2006
Nashville, TN

18th NAMS Annual Meeting

October 3–6, 2007
Dallas, TX

19th NAMS Annual Meeting

September 24–27, 2008
Orlando, FL

20th NAMS Annual Meeting

September 30–October 3, 2009
San Diego, CA

21st NAMS Annual Meeting

October 6–9, 2010
Chicago, IL

river. Mix in the long-standing tradition of warm hospitality, along with an experienced, dedicated hotel staff, and you have an extraordinary venue for the NAMS meeting.

In addition to an outstanding venue and a top-notch scientific program, plus the opportunity to network with your colleagues and friends, the meeting also offers an opportunity to earn continuing medical education (CME) credits, currently estimated at 15 hours. Attend the pre-meeting postgraduate to earn 3.5 more. "Registration materials will be available soon," said Ms. Carolyn Develen, NAMS Administrative Director and coordinator of the Annual Meeting.

First Endowment Fund Honors Dr. Wulf Utian

During 2005, a generous grant was received from Wyeth Pharmaceuticals to establish a Lectureship Endowment Fund for the NAMS/Wyeth Wulf H. Utian Endowed Lectureship at all future Annual Scientific Meetings of the Society. Investment proceeds from the Lectureship Endowment Fund will provide a travel stipend to a distinguished lecturer selected by the NAMS Scientific Program Committee.

The NAMS Board of Trustees voted to establish this Endowed Lectureship to recognize the unsurpassed contributions of Wulf H. Utian, MD, PhD—currently NAMS Executive Director and Honorary Founding President of the Society. Dr. Utian not only founded NAMS, but has also had a remarkable career in menopause-related clinical practice, academia, publishing, and research. He is the Founding Editor-in-Chief of *Menopause Management*. His other positions include being the Arthur H. Bill Professor Emeritus of Reproductive Biology at Case Western Reserve University School of Medicine, Consultant in Obstetrics and Gynecology to The Cleveland Clinic Foundation, and President of Rapid Medical Research—all in Cleveland, OH.

"Dr. Utian cannot be adequately recognized for his role within NAMS," said George I. Gorodeski, MD, PhD, NAMS President.

"Indeed, his influence has extended far beyond the Society to have an impact on menopause management worldwide."

The NAMS Scientific Program Committee has invited Thomas B. Clarkson, DVM, Professor of Comparative Medicine, Wake Forest University School of Medicine, Winston-Salem, NC, to deliver the first NAMS/Wyeth Wulf H. Utian Endowed Lecture entitled "Estrogen effects on arteries vary with stage of reproductive life and extent of subclinical atherosclerosis progression." The lecture will be presented the morning of October 12 at the NAMS 2006 Annual Meeting. Dr. Clarkson's lecture—and honoring Dr. Utian—are two of the many reasons to attend the meeting.

New Position Statement Offers CME

In the May/June issue of *Menopause* is an updated NAMS Position Statement on the management of postmenopausal osteoporosis. The paper is also posted on the NAMS Web site. The Society is grateful to the distinguished and diligent Editorial Board, whose advice was used to assist the NAMS Board of Trustees in publishing this paper. Members were Bruce Ettinger, MD; Steven T. Harris, MD, FACP; David Kendler, MD; Bruce Kessel, MD; and Michael R. McClung, MD. The paper has been designated a CME activity (no fee) by NAMS. The Society appreciates the generous unrestricted grant from Novartis Pharmaceuticals Corporation that helped support the development of this Position Statement.

NAMS 2006 Recognition Awards

"The North American Menopause Society is pleased to offer at least 16 recognition awards this year," said Betsy L. McClung, RN, MN, Chair of this year's Awards Committee. "These include three new awards: Progestogen Research, Sleep Research, and a special award to promote the goal of mentoring—the NAMS Board of Trustees In-Training Travel Award."

The *2006 Recognition Awards* booklet will soon be printed and also posted on the NAMS Web site, as both NAMS members and non-members may submit nominations. Completed nomination forms are due by July 30.

may earn up to 4 hours of Category 1 CME credits. The request for CME is \$25, but NAMS members may participate at no charge. The slide set is also available. Access this course at: www.obgyn.net/nams-menopause-basics-cme/.

“Menopause Basics 2006” as Webcast

To reach a larger professional audience with much-needed information, the popular half-day NAMS course presented prior to past Annual Meetings has been formatted as a Webcast on the OBGYN.net Web site for the entire year. Content is approved by the NAMS Board and presented by experts in the field: Margery L.S. Gass, MD; Jennifer L. Prouty, MSN, NP, CS; and Wulf H. Utian, MD, PhD. “Menopause Basics 2006” offers a comprehensive overview, including terminology, physiology, patient evaluation, treatment options for menopause symptoms, preventing chronic disease later in life, and counseling tips. Participants

Sit the Exam This October: Your Patients Deserve the Best!

“If you’re not currently a NAMS Menopause Practitioner, you are invited to sit the exam,” said Elizabeth Contestabile, RNC, BScN, Chair of the 2005-2006 Exam Committee. “It’s offered next on October 11, 2006, just prior to the NAMS Annual Meeting in Nashville, TN.”

The registration deadline is August 2 (late application deadline is September 2, requiring an additional \$75 processing fee). Complete information, including the registration application, is available in the *2006 Candidate Handbook* found on the NAMS Web site (www.menopause.org/compexam.htm). ■

A Matter of Perspective

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part of every older individual’s annual medical assessment. The dose of vitamin D₃ supplementation can be easily titrated according to the circulating vitamin D level. In addition, patients who lose bone despite adequate treatment for bone loss should have this serum measurement performed because inadequate calcium and vitamin D can be the reason for the loss.

It’s Not the Media

We are quick to castigate the media for melodramatic reports of adverse or disappointing study results. But it is time to focus on the manner in which information is provided to the media. Knowing that sentences and data are quoted in sound bites, efforts should be made to produce manuscripts, press releases and interviews that are accurate and balanced. ■

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Dr. Speroff has received grants and research support from Wyeth Pharmaceuticals and Organon USA, and he is a consultant for Warner Chilcott PLC.

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Send your contributions to “A Matter of Perspective” to the managing editor, Jackie Syrop, at jsyrop@menopausegmt.com. We will edit articles for style and space requirements. Authors will have final approval of the articles prior to publication.

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