

Amerifit Nutrition

Estroven IBC

Boston Scientific

The Advantage Mesh
System OBC

Merck & Co., Inc.

Fosamax D..... 8 a-d, 9

Pfizer, Inc.

Estring..... 5-6

Roche Laboratories

Boniva16a-d

TriPath Imaging® Inc.

SurePath® 3

Wyeth Pharmaceuticals

Premarin IFC, 1

Stat Check

SLEEP DISORDERS AND MENOPAUSE

40%...

of women experience a sharp increase in insomnia during the transition to menopause and after menopause.

Zee PC. Expert Column — Insomnia and Menopause. Medscape, 2004

3 minutes...

is the average duration of a hot flash during sleep, leading to less sleep efficiency.

National Sleep Foundation, 2005

7-10 years...

prior to menopause, at the onset of perimenopause, women frequently complain of symptoms of insomnia. As many as 85% of these women also report having hot flashes at this time as well.

Medscape, 2005

40 million...

Americans suffer from a sleep disorder such as sleep apnea, narcolepsy, and restless leg syndrome.

National Commission on Sleep Disorders Research, 2003

61%...

of women are less satisfied with their sleep and report symptoms of insomnia after menopause.

National Sleep Foundation, 2005

9%...

of women report incidences of sleep apnea after menopause.

WebMDHealth, 2004

18 million...

Americans have sleep apnea, including one in four women over the age of 65.

National Sleep Foundation, 2005

\$2.1 billion...

was spent in 2004 on prescription sleep products.

IMS Health Information, 2005