



NAMS NEWS

Don't Miss the 2005 Annual Meeting

The NAMS 16th Annual Meeting—often called the year's best scientific congress addressing women's health—convenes in picturesque San Diego, CA, at 5:30 p.m. on Wednesday, September 28—and extends through Saturday afternoon, October 1.

"You are invited to join your fellow healthcare providers and researchers for what promises to be a valuable educational and networking experience," said Dr. Margery L.S. Gass, Chair of the Scientific Program Committee.

With just the right mix of business amenities and attractions—70 miles of beaches, and a gentle Mediterranean climate with temperatures averaging 70 degrees year round—it's no wonder that San Diego is known as "the perfect climate for perfect meetings." The city has an ambiance that is rich in arts and culture.

The Manchester Grand Hyatt Hotel,

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EDUCATIONAL MATERIALS FROM NAMS

NAMS wants to support your menopause practice beyond *Menopause Management*. Here's a list of educational materials you can subscribe to or order. Learn more about them on the Web site.

Patient education materials:

- *Menopause Guidebook* (60-page booklet)
- *Menopause Guidebook* in Spanish or braille
- *Early Menopause Guidebook* (64-page booklet)
- Easy-read booklet (4th-grade reading level)
- *Menopause Flashes* (free monthly e-newsletter)
- MenoNotes (one-topic fact sheets)

Clinical practice materials:

- *Menopause Practice: A Clinician's Guide* (266-page book; 19 CME hours)
- *How to Develop a Menopause Discussion Group* (36-page booklet)
- Menopause Health Questionnaire (patient intake form)
- "Menopause Basics" Slide Kit (230 PowerPoint slides and Word files for handouts)
- *Menopause* special issue on sexual function at menopause
- Position Statements
- Gallup surveys of consumers

the largest waterfront hotel on the West Coast, sits majestically on the water's edge, overlooking San Diego Bay. It's conveniently located next to picturesque Seaport Village and just steps away from the Bay's boardwalk and the Gaslamp Quarter, a charming Victorian district featuring more than 100 restaurants, as well as theatres, art galleries, and antique shops.

In addition to an outstanding program and venue, this year's Annual Meeting also offers an opportunity to earn up to 23.75 credit hours of continuing medical education (CME). Visit the NAMS Web site or contact NAMS for registration details.

Arrive Early for More Benefits

Come to San Diego one day earlier to take advantage of the following two offerings:

- **Pre-Conference CME Course Addressing Postmenopausal Sexual Health.** This topic has received so much attention lately that the NAMS

Future NAMS Meetings

16th NAMS Annual Meeting
September 28–October 1, 2005
San Diego, CA

17th NAMS Annual Meeting
October 11–14, 2006
Nashville, TN

18th NAMS Annual Meeting
October 3–6, 2007
Dallas, TX

19th NAMS Annual Meeting
September 24–27, 2008
Orlando, FL

20th NAMS Annual Meeting
September 30–October 3, 2009
San Diego, CA

21st NAMS Annual Meeting
October 6–9, 2010
Chicago, IL

Scientific Program Committee has developed a special 2-hour session on Wednesday morning, September 28, so it can be covered in depth. The program will offer the latest research, practical clinical guidelines, plus ample time for all questions from the attendees to be addressed. There's also an opportunity to earn up to 2 credit hours of CME. Separate registration from the Annual Meeting is required.

- **Menopause Practitioner Competency Examination.** Sit for this examination at 2:00 PM on September 28 to earn the prestigious Menopause Practitioner credential. An application form is found within the 2005 Candidate Handbook on the NAMS Web site (www.menopause.org/compexam.htm). Hurry, the deadline for applications is July 20 (August 24 with an additional fee). Only those who have tickets are admitted; no on-site registration is permitted.

New E-Newsletter Premiers

In late April, NAMS launched a new e-newsletter for members called *Menopause e-Consult*. This quarterly online publication provides thought-provoking clinical questions and case studies with answers and commentary from experts in the field. With oversight from Andrew M. Kaunitz, MD, *Menopause e-Consult* is another reason why it makes sense to join NAMS today.

Join NAMS Now for Discounted Fees—and More

Are you interested in attending the Annual Meeting—and perhaps the pre-conference course? Do you want to sit for the competency examination? Do you want to receive the NAMS journal *Menopause* and the monthly First to Know® e-newsletter of the latest scientific news with expert commentary?

If you have answered “Yes” to any of these questions, it's time to join NAMS. Professionals in North America pay an

annual membership fee of only \$215. And if you join after July, you can take advantage of the discounted half-year rate of only \$170.

You can join through NAMS's secure Web site; download an application and fax or mail it to NAMS—or call the NAMS Central Office for assistance.

NAMS Web Site Improved

NAMS members, other health-care professionals, the media, industry, and those in the general public now have their own sectors within the NAMS award-winning Web site. The look of the site has also been refreshed, making it more inviting for viewers.

“For some time, the NAMS Web site has ranked at the top of the list of sites that appear when you search ‘menopause’ on most search engines,” commented Ms. Sharon Somerville, Managing Editor. “NAMS is proud that this high ranking has been achieved on our Web site's own merit, not like ‘sponsored sites’ that pay fees to the search engines to garner placement at the top of the page.”

Many people within the Society work hard to make sure that it maintains that high ranking—and that it provides needed information to the constituencies it serves. Visit www.menopause.org today to check out the many ways that the site can help you and your patients.

News & Commentary

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onset of cycle irregularity does provide a useful clinical indicator of impending menopause, though it does not give a reliable indication of potential fertility status.

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Memory and the Older Woman:

Diagnosis and Treatment

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cognitive impairment. Alzheimer's disease is the most common dementing illness. Treatments are now available for Alzheimer's disease that delay the symptomatic progression of memory and cognitive loss, but current treatments are not effective in arresting or reversing the disease. ■

David Knopman, MD, is Professor of Neurology in the Department of Neurology at the Mayo Clinic, Rochester, MN.

Dr. Knopman has served as an ad hoc consultant to Myriad Pharmaceuticals, Neurochem Pharmaceuticals and GE Health Care in the past year. He will be an investigator in a clinical trial sponsored by Elan Pharmaceuticals.

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