



# NAMS NEWS

## NAMS Elects New President

At the 15th NAMS Annual Meeting, Bruce Kessel, MD, was elected president for 2004-2005. He follows James A. Simon, MD, in that leadership position. To view the names and affiliations of the rest of the members of the 2004-2005 Board of Trustees, visit the NAMS Web site.

## Annual Meeting Proceedings

The 15th NAMS Annual Meeting just convened in Washington, DC on October 6-9—and many believed it to be the best ever. Audiotapes and CDs of the plenary and concurrent sessions, as well as the satellite symposia, are available for a nominal fee. Abstracts of all presentations (live and poster) are featured on the NAMS Web site and will also be published in *Menopause*. Visit the NAMS Web site for details on how to order the recordings from the meeting.

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## Female Sexual Function Important NAMS Topic

To address the increased interest among healthcare providers and their patients regarding postmenopausal sexual function, NAMS has recently strengthened its emphasis on providing educational guidance in this area. For example, the first supplement to the NAMS journal *Menopause* fully explores this topic. Oversight of the distinguished Editorial Board was provided by noted sexologist Rosemary Basson, FRCP (UK), serving as Guest Editor. Contents were also peer-reviewed. This special issue has been designated a NAMS continuing medical education activity.

Complimentary copies will be mailed to all *Menopause* subscribers with the Nov/Dec 2004 regular issue. Copies are also available from NAMS for a nominal fee.

## New Education Committees Formed

At the NAMS 15th Annual Meeting, the 2004-2005 Professional and Consumer Education Committees were configured. Assuming the leadership roles are Steven R. Goldstein, MD (Chair, Professional Education Committee) and Rebecca S. Kightlinger, DO (Chair, Consumer Education Committee).

## Upcoming NAMS Events

### Menopause Practitioner Exam

Plan ahead for the NAMS Menopause Practitioner Exam, to be held next spring in 10 US cities and one Canadian city.

#### Date

May 14, 2005  
(Application Deadline March 4, 2005)

#### Locations

Boston, MA  
Chicago, IL  
Atlanta, GA  
Orlando, FL  
Raleigh-Durham, NC  
Portland, OR  
St. Louis, MO  
Oklahoma City, OK  
New York, NY  
Minneapolis, MN  
Vancouver, BC, Canada

They replace Andrew M. Kaunitz, MD, and Elizabeth Contestabile, RNC, BScN, respectively.

Dedicated volunteers from the NAMS membership make up these committees and the Society is grateful for their invaluable contributions.

Many educational projects are in development, including a new Position

## Future NAMS Meetings

### 16th NAMS Annual Meeting

September 28–October 1, 2005  
San Diego, CA

### 17th NAMS Annual Meeting

October 11–14, 2006  
Nashville, TN

### 18th NAMS Annual Meeting

October 3–7, 2007  
Dallas, TX

### 19th NAMS Annual Meeting

September 24–27, 2008  
Orlando, FL

**GlaxoSmithKline**  
**Consumer Healthcare**  
**OS-CAL® Calcium**  
**Supplement .....5**

**Novavax, Inc.**  
**Estrasorb .....18a-d**

**Novo Nordisk**  
**Pharmaceuticals, Inc.**  
**Activella.....15 - 16**  
**Vagifem .....23 - 24**

**Sanofi Aventis**  
**Actonel .....IBC, OBC**

**Solvay Pharmaceuticals**  
**Estrogel.....29 - 30**

**Watson Pharma, Inc.**  
**Oxytrol .....7 - 8**

**Wyeth Pharmaceuticals**  
**Prempro .....IFC, 1 - 3**

**Spotlight on Menopause Education**

**Menopause Practice:  
A Clinician's Guide**

NAMS has recently published *Menopause Practice: A Clinician's Guide*—the Society's leading professional resource. This 266-page book replaces the popular *Menopause Core Curriculum Study Guide*, last updated in 2002.

"This new guidebook is the most comprehensive and current resource available in the field," said Andrew M. Kaunitz, MD, Chair of the NAMS 2003-2004 Professional Education Committee. "It will undoubtedly be well-received, particularly since it also offers the opportunity to earn up to 19 hours of continuing medical education credit with no administrative fee required."

Order your copy today. Thanks to an unrestricted educational grant from Procter & Gamble Pharmaceuticals, the cost for the guidebook is kept at the reasonable level of only \$69 for NAMS members, and \$109 for nonmembers (including shipping). This guidebook will also be provided free of charge to all those who register to sit for the NAMS Menopause Practitioner Competency Examination during 2005, and to those who apply to renew their credential before the end of 2005.

Statement addressing the role of androgen therapy for postmenopausal women, an updated Position Statement about postmenopausal osteoporosis, and updates of the two leading consumer booklets, *Menopause Guidebook* and *Early Menopause Guidebook*.

**NAMS Slide Kit Available**

**D**o you need menopause-related slides? NAMS offers for sale a comprehensive set of over 200 slides that were presented at the NAMS "Menopause Basics" course presented on October 6, 2004. Those providing oversight for slide development included the course faculty—Margery L.S. Gass, MD; Bruce Kessel, MD; and Marilyn L. Rothert, PhD, RN—as well as other members of the NAMS 2003–2004 Board of Trustees.

In addition to the PowerPoint slides, two Word files are also provided with the slide kit: "Postmenopausal Hormone Therapy Primer" (presenting charts of the hormone therapy products available in the United States and Canada) and "Evaluating the Literature" (offering

basic information regarding types of clinical trials). These electronic files can be used to produce handouts for live presentations. The material is presented in handout format since it is difficult to convert to slides.

The slides can be downloaded from the NAMS Web site (\$50 fee for NAMS members; \$100 for nonmembers) or the entire slide kit (with Word files) received through the mail on a CD (\$75 fee for NAMS members; \$125 for nonmembers).

**NAMS Online CME Activities**

**R**eaders of *Menopause Management* are invited to log onto the NAMS Web site for an opportunity to earn CME credit—plus access convenient education about menopause. Two activities are posted: (1) Position Statement on the treatment of vasomotor symptoms, and (2) satellite highlights from the 2003 Annual Meeting. There is an administrative charge of \$50 per program for participants who are not NAMS members; there is no fee for members—providing another reason to join.