



# NAMS NEWS

## Due Date for Abstracts Nears

**D**on't miss the opportunity to submit abstracts to be considered as live or poster presentations at the 13<sup>th</sup> NAMS Annual Meeting, to be held in Chicago October 3-5, 2002. Request the *Call for Abstracts* booklet from the NAMS Central Office. **The due date for 2002 abstracts is April 15, 2002.**

## Future NAMS Meetings

2002

October 3-5

Sheraton Chicago Hotel  
Chicago, Illinois

2003

September 18-20

Fontainebleau Hilton Hotel  
Miami Beach, Florida

2004

October 7-9

Marriott Wardman Park Hotel  
Washington, DC

## NAMS Ends Collaboration With NCC

**N**AMS has announced that its collaboration with the National Certification Corporation (NCC) in cosponsoring the Menopause Clinician and Menopause Educator competency examinations has been discontinued, effective December 31, 2001.

"NAMS was pleased to collaborate with NCC in developing this unique program," said NAMS Executive Director Wulf H. Utian, MD, PhD. "Over the past 2 years, a total of 593 individuals, many of whom are members of the Society, re-

ceived their certificates of competency. However, after carefully evaluating the program, the NAMS Board of Trustees has decided to terminate its involvement."

The Menopause Educator and Menopause Clinician subspecialty examinations will continue to be offered by the NCC. Those credentialed under the cosponsored NAMS-NCC program will be able to maintain their credentials under the NCC Maintenance Program, and individuals currently registered to take the examinations will be unaffected.

For further information about the ongoing NCC program, e-mail NCC Executive Director Betty Burns ([bburns@nccnet.org](mailto:bburns@nccnet.org)) or visit the NCC Web site ([www.nccnet.org](http://www.nccnet.org)).

## Scientific Award Winners Recognized

**A**t the 2001 NAMS Annual Meeting, an unprecedented number of winners of the Society's awards were announced. NAMS congratulates all of these deserving recipients, and thanks industry for its unrestricted educational grants that helped make the awards possible. The awards and their winners include:

*2002 NAMS/Solvay Pharmaceuticals, Inc., Clinical Research Fellowship Grant:* **Thomas J. Gattuso, MD**, Rochester, New York, for research on the physiologic basis of hot flashes.

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*2002 NAMS/Wyeth-Ayerst Women's Health Research Institute Clinical Research Fellowship Grants:* **Johanna Archer, VMD, MS, MD**, Charleston, South Carolina, for research on the effect of estradiol versus estradiol plus testosterone on the brain and **Wendolyn S. Gozansky, MD**, Denver, for research on the effects of estrogen on IL-6, HPA axis activity, and visceral fat in menopausal women.

*2001 NAMS/Pfizer Women's Health Diversity Award.* Acknowledges work that addresses the importance of women's diversity in achieving optimal health during perimenopause and beyond: **Patricia Kaufert, PhD**, University of Manitoba, Winnipeg, MB, Canada.

*2001 NAMS/Protein Technologies International Soy Research Award.* Recognizes contributions to understanding the role of soy foods in women's health: **Thomas B. Clarkson, DVM**, Wake Forest University School of Medicine, Winston-Salem, North Carolina.

*2001 NAMS/Eli Lilly and Company Award for Innovations in Osteoporosis.* Acknowledges work relating to the diagnosis, prevention and/or treatment of postmenopausal osteoporosis: **Robert Lindsay, MD, PhD**, Helen Hayes Hospital, West Haverstraw, New York.

*2001 NAMS/Eli Lilly and Company SERM Research Award.* Recognizes research relating to SERMs (selective estrogen receptor modulators) for any indication, including osteoporosis, in postmenopausal women: **Bruce Ettinger, MD**, Kaiser Permanente Medical Care Program, Oakland, California.

*2001 NAMS/Ortho-McNeil Pharmaceutical Research Award.* Recognizes contributions to the understanding of issues surrounding the benefit-risk ratio associated with the use of combined estrogen

## News Briefs

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pressure in postmenopausal women. *Ann Intern Med* 2001;135:229-38), postmenopausal women taking hormone replacement (estrogen plus a progestin) had less of an increase in systolic blood pressure (BP) over time than did nonusers of hormone therapy. The observational study, which began recruitment in 1978, involved assessment of cardiovascular risk factors and other measures at baseline and every 2 years thereafter.

For the current report from the study, the investigators analyzed data related to 226 normotensive, postmenopausal women (mean age, 64), 77 of whom were taking hormone replacement and 149 of whom were not; average follow-up for these women was 5.7 years (range, 2 to 18 years). Analysis after adjustments for confounding factors revealed that the average systolic BP increase was statistically smaller in the hormone users (1.6 mmHg; range 1.3-1.9 mmHg) than in the nonusers (8.9 mmHg; range 8.6-9.2 mmHg). The difference between the groups with respect to diastolic BP was not statistically significant.

### ADVERTISERS' INDEX

#### Parke-Davis

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and progestogen therapy in peri- and postmenopausal women: **R. Don Gambrell, Jr., MD**, Medical College of Georgia, Augusta.

*2001 NAMS/Organon Education Excellence Award.* Recognizes a consumer health educator from the NAMS membership who has helped improve the quality of life of menopausal women through education: **Elizabeth Contestabile, RNC, BScN**, Ottawa General Hospital, Ottawa, ON, Canada.

*2001 NAMS New Investigator Awards.* Designed to recognize outstanding abstract submissions from individuals who have received their degree within the past seven years: **George Dantas deAzevedo, MD**, Sao Paulo, Brazil; **Carmelo Gonzalez-Rodriguez, MD**, Monza, Italy; **Hideaki Nagata, MD**, Fukuoka, Japan; and **Pramil N. Singh, DrPH**, Loma Linda, California.

*2001 NAMS Poster Prizes.* Recognizing the two posters judged by the attendees as the most outstanding presentations. Basic Science category: "The Effect of Continuous Combined HRT on Human Breast Cancer Cells (MCF-7) In Vitro," **H.R. Franke, MD, PhD**, Department of Obstetrics and Gynecology, Medisch Spectrum Twente Hospital Group, Enschede, The Netherlands. Clinical category: "Management of Acute Menopause in Spinal Cord Injured Women," **Ilona V. Brandeis, MD, MPH**, Department of Obstetrics and Gynecology, New York University School of Medicine, New York, New York.

### 2001-2002 Education Committees Activated

The 2001-2002 Chairs of the NAMS Professional Education Committee and Consumer Education Committee have been appointed and their committees assembled. The work of these individuals, and others, who will

be serving on Project Teams, is much appreciated. If any member wants to be involved with NAMS educational efforts, please contact the Central Office.

#### Professional Education Committee

Margery L.S. Gass, MD: *Chair*  
JoAnn V. Pinkerton, MD: *Chair-Elect*  
David M. Herrington, MD, MHS  
Risa Kagan, MD  
Sheryl A. Kingsberg, PhD  
Katherine M. Newton, PhD, RN  
Nanette F. Santoro, MD

#### Consumer Education Committee

Jennifer L. Prouty, MSN, RNC: *Chair*  
Kathryn K. Havens, MD: *Chair-Elect*  
Nancy R. Berman, MSN, RN, CS  
Elizabeth Contestabile, RNC, BScN  
Susan R. Johnson, MD  
Andrew M. Kaunitz, MD  
Rebecca S. Kightlinger, DO  
Sandra J. Lewis, MD, FACC  
Diane T. Pace, PhD, RN, CS  
Marcie K. Richardson, MD  
Miriam B. Rosenthal, MD

### Osteoporosis Position Statement Published

NAMS has developed its 7<sup>th</sup> Position Statement (formerly called Consensus Opinions)—*The Management of Postmenopausal Osteoporosis*. The editorial board consisted of J. Christopher Gallagher, MD (Chair); Bruce Ettinger, MD; Margery L.S. Gass, MD; Risa Kagan, MD; Betsy L. McClung, RN, MN; Michael R. McClung, MD; and James A. Simon, MD. The Alliance for Better Bone Health provided an unrestricted educational grant to support development of the paper. It is published in the Mar/Apr 2002 issue of *Menopause*; the full text appears on the NAMS Web site ([www.menopause.org](http://www.menopause.org)).