



NAMS NEWS

Gelfand Elected NAMS President

On October 6, Morrie M. Gelfand, CM, MD, was elected NAMS 2001-2002 President. Dr. Gelfand is Professor of Obstetrics and Gynecology at McGill University and is Honorary Chief, Department of Ob/Gyn at The Sir Mortimer B. Davis Jewish General Hospital, Montreal, Canada. He follows Lila E. Nachtigall, MD, in this important role.

At the General Meeting for NAMS members, the Trustees for the 2001-2002 Board were elected. This year, the Board is being expanded by two to a total of 15, with J. Christopher Gallagher, MD, a past-president of the Society, and Gale A. Greendale, MD, filling the two new positions. Two members of last year's Board were re-elected for another 3-year term: Margery L.S. Gass, MD, and Betsy L. McClung, RN, MN. Other members of the Board include Dr. Nachtigall; Elizabeth Barrett-Connor, MD; George I. Gorodeski, MD, PhD; Bruce Kessel, MD; Annette M. O'Connor, RN, PhD; Marcie K. Richardson, MD; James A. Simon, MD; Nancy Fugate Woods, PhD, RN; and *ex-officio* members Isaac Schiff, MD, and Wulf H. Utian, MD, PhD.

NAMS Proceedings Available

Menopause Management readers who attended the 2001 Annual Meeting of The North American Menopause Society, held October 4-6 in New Orleans, can attest to the meeting's enormous success. Much of

that success can be attributed to the exceptional program developed by the Scientific Committee, chaired by Elizabeth Barrett-Connor, MD.

"Attendees and nonattendees can obtain the meeting proceedings in a number of ways," announced Carolyn Develen, NAMS Administrative Director and coordinator of the meeting.

- Audiotapes and CDs of the plenary sessions, concurrent workshops and satellite symposia (not the scientific sessions) are available for a nominal fee from Conference Media Contractors (toll-free in the United States 888/222-1614; outside the United States 970/207-1614; fax 970/207-1322; www.cmc-net.com).
- Abstracts of all presentations (live and poster) are featured within the NAMS Web site (www.menopause.org).
- Abstracts of all presentations are published in the Nov/Dec issue of *Menopause*, available in early November.

"Menopause Basics" Course Well Received

"Menopause Basics," the premeeting half-day review course offered on October 3, attracted far more attendees than expected, demonstrating the need for a comprehen-

sive overview. NAMS has provided this course at other healthcare provider meetings, and plans to reach out to other organizations with this offering in 2002. If your organization is interested in being considered for the course, contact the NAMS Central Office.

Abstracts for the 2002 Annual Meeting

"It's not too soon to submit abstracts for consideration for the next NAMS Annual Meeting," announced Wulf H. Utian, MD, PhD, NAMS Executive Director. "In answer to your requests, we've now added the option of submitting your abstract online through the NAMS Web site (www.menopause.org)."

Forms can also be obtained from the NAMS Central Office. The 13th Annual Meeting will be held in Chicago, October 3-5, 2002.

NAMS Web Site Improved

The award-winning NAMS Website (www.menopause.org), which contains thousands of pages of valuable information, has been redesigned to ease navigation. "It's now divided into sections for NAMS members, other healthcare providers, the media and consumers," said Pamela Boggs, NAMS Director of Education and Development, who also serves as editor of the Web site.

To facilitate navigation even further, a search function has been added for the entire site, and another has been added specifically for the section that includes abstracts of all the *Menopause* articles published since the journal's inception.

Menopause Articles Online

To meet the increasing demand, NAMS members can now access full-text articles of *Menopause* online through the publisher's Web site (www.menopausejournal.com). Non-members can pay a small fee for online articles. This is just another benefit of NAMS membership—join today!

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Consumer Education Update

With the recent update of the *Menopause Guidebook*, NAMS ensures that this consumer resource maintains the scientific rigor that earned the first edition the reputation as the most comprehensive and balanced consumer publication available today. One reader wrote NAMS:

The Guidebook has been the single most helpful and informative booklet I've read on menopause. It's concise, not too long, and it's comprehensive. Most of all, the information helped me regard signs and symptoms I was experiencing as normal and not so weird. The booklet has inspired me to do more reading on menopause—with a new uplifted attitude.

This 60-page guide is available to NAMS members for the amazingly low price of \$1.00 each, thanks to an unrestricted educational grant from Ortho-McNeil Pharmaceuticals, which helped defray production costs. Thanks to another grant from that company, free copies of a braille edition of the *Menopause Guidebook* are being made available from the National Braille Press (617/266-6160).

Future NAMS Meetings

2002

October 3-5

Sheraton Chicago Hotel
Chicago, IL

2003

September 18-20

Fontainebleau Hilton Hotel
Miami Beach, FL

2004

October 7-9

Marriott Wardman Park Hotel
Washington, DC

Bone Densitometry for Technologists

Cindy Lou Bonnick, MD, FACP; Laurie Ann Lewis, MRT, CDT

Humana Press, Totowa, New Jersey, 2001

311 pages, including 113 figures and 30 tables, \$74.50

Bone Densitometry for Technologists, written by Cindy Lou Bonnick, MD, FACP, and Laurie Ann Lewis, MRT, CDT, is a good second book in a series from Dr. Bonnick, whose first book was *Bone Densitometry in Clinical Practice*, published in 1998.

The current book provides excellent background material on multiple issues concerning bone densitometry for technologists. The conventions related to densitometry are clearly and simply described; for example, the importance of differentiating between accuracy and precision is well elucidated. The history of densitometry techniques is dealt with in depth, perhaps to an even greater degree than necessary given the more current technologies.

The book includes a section dealing with skeletal anatomy and the effects of anatomic variance and artifacts on densitometry results. Computer basics, as they relate to technology evaluation, are dealt with adequately, as are details pertaining to current devices that are approved by the FDA.

Quality-control procedures also are explained. The authors discuss the need for radiation safety, as well as the lack of

excessive need of such. The reasons for undertaking densitometry testing are dealt with; in particular, osteoporosis and some of its causes and treatments. There is also a section on interpretation of bone densitometry data, which is of some value to the technologist.

One criticism of this book is that it contains very little detail with respect to positioning and placement of patients undergoing densitometry testing. The large assortment of densitometers that are available is, perhaps, a reason for this lack of information. Nonetheless, it is hoped that more detail in this area will be provided in a future edition, as this is one of the most important issues faced by technologists who administer densitometry testing.

In all, this book should be required reading for bone densitometry technologists, and should be part of the library of every unit undertaking this procedure.

Wulf H. Utian, MD, PhD
Editor-in-Chief